

Llwybr yr Hebog

Mae'r llwybr unigryw hwn, sy'n rhedeg ar y ddwy ochr i ffin Cymru a Lloegr, yn dilyn rhai o olygfeydd gorau'r DU yn Ardal Harddwch Naturiol Eithriadol Dyffryn Gwy. Mae'r darn 3.1 milltir di-draffig yn llwybr beicio a cherdded delfrydol ac yn addas ar gyfer pob gallu a cherbydau'r anabl. Cafodd ei adeiladau i fodloni gofynion manwl oherwydd natur sensitif iawn yr ardal hon o bwysigrwydd cadwraeth natur ryngwladol.

I bob pwrpas mae'n dilyn Afon Gwy drwy geunant Gwy uchaf ac yn cysylltu Trefynwy a Symonds Yat. Ceir dewis yn Nwyrain Symonds Yat i gerdded i fyny'r llwybr serth i ardal arsylwi Craig Symonds Yat ar gyfer golygfeydd panoramig ac i edrych ar yr Hebog Glas drwy delesgop yn ystod y tymor nythu.

Mae'r llwybr yn awr ar agor dros dro a chynllunnir gwelliannau pellach ar gyfer 2006 i sicrhau llwybr diogelach i Ganol Tref Trefynwy.

The Peregrine Path

This unique cross border route straddling the England and Wales border follows some of the finest scenery in the UK within the Wye Valley Area of Outstanding Natural Beauty. The traffic-free section of 3.1 miles is an ideal walking and cycling route, suitable for all abilities and disabled access. It has been constructed to meet exacting requirements in view of the highly sensitive nature of this area of international nature conservation importance.

It largely follows the River Wye through the upper Wye Gorge and connects Monmouth and Symonds Yat. There is an option at Symonds Yat East for walking up the steep path to the Symonds Yat Rock viewing area for panoramic views and to view the Peregrine Falcons by telescope in the nesting season.

The route is now open on an interim basis and further improvements are planned in 2006 to ensure a safe route into Monmouth Town Centre.

Fotograff clawr blaen drwy garedigrwydd AHNE Dyffryn Gwy
Front cover photo courtesy of Wye Valley AONB

Rhestr o Arianwyr - List of Funders:

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Sustrans

Sustrans yw elusen cludiant cynaliadwy flaenaf y DU, yn gweithio ar brosiectau ymarferol fel y gall pobl ddewis teithio mewn ffyrdd a fydd llesol i'w hiechyd a'r amgylchedd. Mae'r elusen wrth gefn llawer o brosiectau arloesol gan gynnwys y Rhwydwaith Beicio Cenedlaethol. Mae'r 10,000 mil o filltiroedd cyntaf o lwybrau beicio a cherdded diogel ac atyniadol wedi eu cwblhau gan ddod â'r Rhwydwaith o fewn cyrraedd un filltir at 50% o'r boblogaeth.

Sustrans is the UK's leading sustainable transport charity, working on practical projects so people can choose to travel in ways that benefit their health and the environment. The charity is behind many groundbreaking projects including the National Cycle Network. The first 10,000 miles of safe and attractive cycling and walking routes has been completed bringing the Network to within 1 mile of 50% of the population.

Am ragor o wybodaeth am lwybrau yn eich ardal, neu ragor am Sustrans a sut i ddod yn Gefnogwr, ymwelwch neu ffoniwch:

For more information on routes in your area, or more about Sustrans and how to become a Supporter, visit or call:

www.sustrans.org.uk
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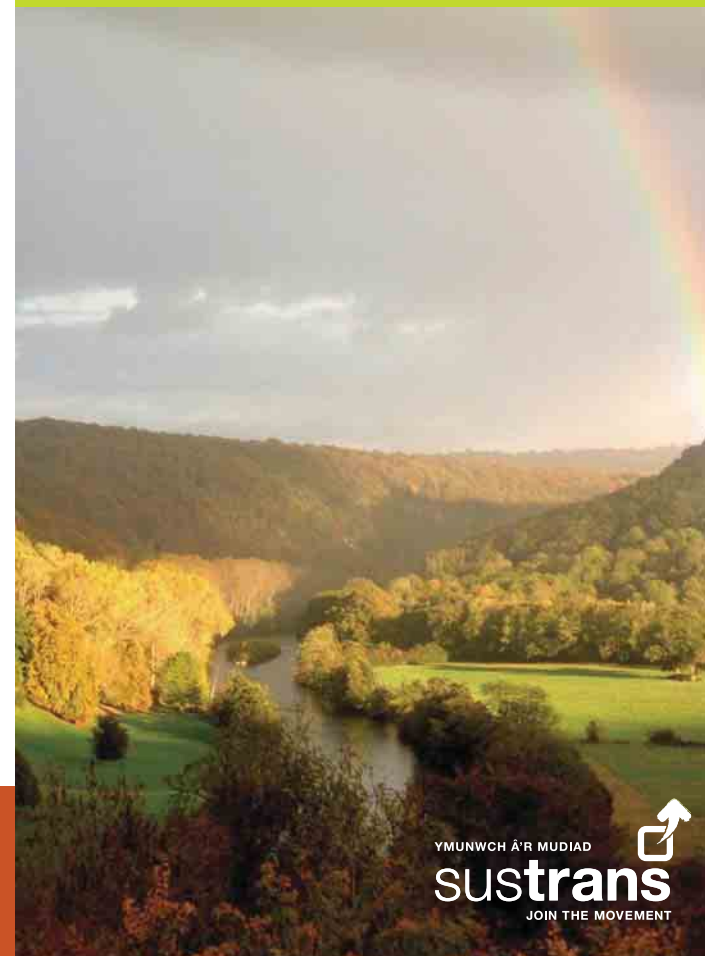
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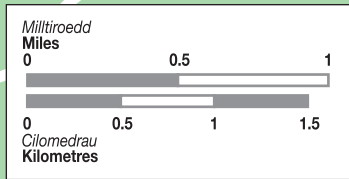
Llwybr yr Hebog The Peregrine Path

Trefynwy / Monmouth -
Symonds Yat



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Cynghorir beicwyr i ildio i gerddwyr ar bob adeg a chymryd gofal arbennig yn yr ardal boblogaidd yn agos at ddyfroedd gwyllt Symonds Yat.

Rheolir y llwybr gan Y Comisiwn Coedwigaeth a Sustrans ac fe gaiff ei batrolio yn gyson gan staff a cheidwaid gwirfoddol y ddau gorff.

Parchwch gefn gwlad yn yr ardal sensitif hon.

Cyclists are advised to give way to walkers at all times and take special care in the popular area around the Symonds Yat rapids.

The route is managed by the Forestry Commission and Sustrans and is regularly patrolled by staff and volunteer rangers from both organisations.

Please respect the countryside in this sensitive area.

Cysylltiadau Fferi Troed a Beic yn Saracens Head, Dwyrain Symonds Yat. (Fferi yn rhedeg gydol y flwyddyn ac eithrio mewn llifogydd)

Prisiau: Oedolion 80c Plant 40c Beic 40c

Foot and Cycle Ferry connections at Saracens Head, Symonds Yat East. (Ferry runs all year, except in floods)

Fares: Adult 80p Child 40p Cycle 40p

- Rhan heb Draffig Traffic-free sections
- Rhan ar Ffordd On-road sections
- Cymerwch Ofal Take care
- Atyniad Twristiaid Tourist attraction
- Tafarn / Siop Public house / Shop
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- N

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